

# **HAUSER JR./SR. HIGH SCHOOL**

## **STUDENT ATHLETE HANDBOOK**



### **MID HOOSIER CONFERENCE**

It is the responsibility of the student-athlete and parents to read this handbook. To participate in athletics at Hauser High School, the IHSA physical form must be completed by the parents and athlete. Pages one and four of the Pre-Participation Physical Examination Form must be filled out by the parent and athlete. Page two must be filled out by a licensed physician (MD or DO), a nurse practitioner (NP), or a physician's assistant (PA).

Your signature on the "Student and Parent Consent and Release Form" indicates that you have read, understand, and will abide by the regulations as stated in this handbook.

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## HAUSER JR./SR. HIGH SCHOOL ATHLETIC HANDBOOK

### MESSAGE FROM HAUSER ATHLETIC DEPARTMENT

*It is my pleasure to welcome you to Hauser High School. We are proud of the many accomplishments of our student-athletes and we look forward to the legacy that you will bring to the Hauser Athletics. This Student-Athlete Handbook has been developed to assist in better understanding the goals and objectives of the Athletic Department. It will also provide useful information to help you navigate campus life in general, and, more specifically, in your role as a student-athlete. I encourage you to seek advice and input from your coach, as well as upper class student-athletes. These are additional resources that can help you to get the most out of your academic and athletic experience. We are proud to welcome you to our program and wish you all the best for continuing success in both academics and athletics. If you have additional questions please contact the Athletic Office at 812-546-4421 Ext. 4013. Welcome! Go Jets!*

*Sincerely,*

*Tyler Phillips  
Athletic Director*

*Kris Fortune  
Principal*

## HAUSER HIGH SCHOOL HISTORY

Located in Hope, IN, Hauser High School is a school rich in community ties. Hauser is the result of a consolidation in 1957 between Hope and Clifford High Schools. At this time the school board turned to the community in the form of a contest to determine the name of the new school. Community members submitted names from which the board made the final decision. The board decided that it would be a fitting tribute to name the school Hauser High School to honor Hope's founder, Martin Hauser and all of his efforts to make Hope a unique community. While the community was taking on the task of naming the school, the students submitted names for the new mascot. The student council made the final decision to use the name "Jets." Hauser's current building, which now houses the junior and senior high schools, graduated its first class in 1967.

### SCHOOL EMBLEM - BLAZON

JETS – Signifies the High School Mascot

C.H.S. & H.H.S. – Recognizes Clifford and Hope High Schools, which consolidated to form Hauser High School

LEAF MANTLING – Signifies remembrance, reward, and honor

CROSS DIVIDER – Represents the strength of the Moravian, and all religions in the community

CLASPED HANDS – Represents friendship, comradeship, and the consolidation of Hope and Clifford High Schools

OPEN BOOK & QUILL PEN – Signifies education, gospel, art, and literature

PLOW – Signifies the importance of agriculture in the community

OLYMPIC RINGS – Represents strength, security, speed skill, and superior achievement

1821 – Constitutes the founding date of education in the community

1957 – Indicates the year in which Clifford and Hope High Schools consolidated. The date is represented

in the trail of the jet, which is flying upward toward the future

## HAUSER HIGH SCHOOL SONG

Go Hauser High Jets,  
Zoom across the floor,  
Let us fight for black and white,  
So we can raise that score,  
Rah Rah Rah  
Go Hauser High Jets  
We know you're the best  
Fight for our name,  
And win this game  
So go, you Hauser High School Jets!!

## I. PURPOSE

This handbook is designed to explain the rules, regulations and policies relative to participation in athletics at Hauser High School. **It is a privilege, not a right, to participate in interscholastic athletics.** Authority for the conduct of athletics in Indiana is governed by the Indiana High School Athletic Association (IHSAA) via the principals of member schools. The principal is assisted by the athletic directors and head coaches. As stated in the IHSAA Bylaws: *any school may establish their own set of guidelines above and beyond those set by the state.* The athletic department and administration need and depend on parent/guardian help and cooperation to aid coaches and athletic directors in promoting a successful athletic program. Your support of Hauser High School athletics is appreciated. Any student or parent seeking information may contact the high school athletic office at 812-546-4421 Ext 4013.

## II. VISION

We envision a school system that offers an extracurricular program for its students that is considered a model for all other schools in Indiana. Our expectation for the extracurricular activities program is that it will match the expectations Hauser Schools has for its academic program. Our vision is that the extracurricular activities will be considered an asset to the academic mission of the Hauser schools and will enhance all aspects of school life. We envision a program that offers quality facilities that are student friendly, exemplary coaching for our student-athletes, and competition opportunities at the highest possible level. Ultimately, we envision an extracurricular program that all of its participants, students, parents, coaches and administrators, can be proud of and that promotes lifelong personal and community wellness and contributing, productive citizens.

## III. MISSION

Hauser Athletics is committed to excellence in athletics while supporting the educational mission of Hauser Schools. We meet student-athletes at their individual skill levels and educational needs and provide a challenging environment for skill development in both team and individual sports. Hauser Athletics is connected to the whole student: academically, socially, emotionally and physically through intentional preparation and planning throughout the school day and season. We focus on creating opportunities for all student-athletes to develop skills through individual instruction, peer interaction and competition. While winning is not an end in itself, we believe that our student-athletes' efforts to be their best will lead them to succeed. Our mission is that all individuals associated with Hauser Athletics (coaches, staff, student-athletes, alumni and parents) will value character traits developed through athletic participation. We expect all participants to respect themselves and others, demonstrate loyalty, be good teammates and put the team before themselves, handle failure like they handle success, have school pride, have a strong work ethic, be honest, show up and be prepared.

## V. THE HAUSER WAY

In Hauser Athletics, we are not afraid of failure. We respect our opponents but fear no one. We do everything with a great attitude and as great an effort as we can. We understand that doing things this way will produce successful high school athletes, but more importantly, successful citizens of the world. We are selfless, united, and always put the will of the team above our own. We always push ourselves and our teammates to be better today than we were yesterday. We hold ourselves and each other accountable on a daily basis. We compete every day with class, honor, and dignity. Every time we put on a Hauser uniform, we wear it with pride and will honor it with our attitude and effort.

This is the Hauser way, and we in Hauser Athletics will live it every day.

## V. ATHLETIC DEPARTMENT OVERVIEW

### ATHLETIC PROGRAM PROFILE

Hauser High School supports 14 sports, 1 cheerleading team, and 1 dance team (The Hauserettes) along with team managers, statisticians, videographers, student trainers and a Certified Athletic Trainer. They oversee our teams with over 100 student-athletes out of an enrollment of 328 students in grades 9-12.

Hauser is a member of the Mid Hoosier Conference. Members are North Decatur, South Decatur, Morristown, Southwestern, Edinburgh, and Waldron.

The School colors of Hauser Athletics are Black and White with minimal red trim.

ATHLETIC PROGRAMS OFFERED		
<b>Fall Season:</b>	<b>Boys Sports-</b> <b>Girls Sports-</b>	Cross Country, Tennis, Soccer Volleyball, Cross Country, Golf, Soccer,
<b>Winter Season:</b>	<b>Boys Sports-</b> <b>Girls Sports-</b>	Basketball Basketball, Cheerleading, Hauserettes Dance Team
<b>Spring Season:</b>	<b>Boys Sports-</b> <b>Girls Sports-</b>	Baseball, Track & Field, Golf Softball, Track & Field, Tennis

## IHSAA STUDENT HANDBOOK GUIDELINES

The eligibility rules which apply to athletic participants at Hauser High School are in two categories:

One set of regulations is set forth by the IHSAA of which Hauser High School is a voluntary member. The other set of regulations is set forth by the administration and the athletic department of Hauser High School.

### IHSAA PARTICIPATION RULES

#### AMATEUR STANDING—IHSAA RULE C-3-11

#### **YOU ARE INELIGIBLE IF:**

1. Age:

- If you are 20 prior to or on the scheduled date of the IHSAA state finals of the sport in which you are participating.

2. Amateurism:

- If you participate under an assumed name
- If you accept money or merchandise directly or indirectly for athletic participation
- If you signed a professional contract in that sport

3. Awards, Gifts:

- If you receive, in recognition of athletic ability, any award not approved by your high school principal or IHSAA
- If you receive or accept any merchandise as an award, prize, or gift, or loan to purchase such as for a token sum.
- If you accept awards, medals, recognitions, gifts or honors from colleges, universities, or alumni.

#### **DURING AUTHORIZED CONTEST SEASON:**

#### **INDIVIDUAL SPORTS:**

(Cross Country, Golf, Tennis, Track)

- a. Participation in organized non-school sports competition during the authorized contest season, including the IHSAA tournament series, in that sport shall cause such students to become ineligible for their school team in that sport for a period not to exceed 365 days as determined by the Commissioner, unless an outstanding student-athlete waiver for said competition is approved by the coach and principal and is on file in the principal's office. A maximum of two waivers may be granted during a contest season.
- b. Student-athletes may receive private lessons so long as:
  - (1) they are not mandated, scheduled or paid for by the school;
  - (2) no school practices or competitions are missed; and
  - (3) No student from another school is participating in the lesson.
- c. An outstanding student-athlete may participate as an individual during the authorized contest season of a sport, without loss of interschool eligibility, provided the following criteria are met:

- (1) A completed waiver application form signed by the parent, coach and principal is forwarded to the Commissioner several days prior to the event and approved by the Commissioner;
- (2) Certification by State, National or International non-school organization verifying the student's qualification(s);
- (3) Arrangements to complete academic lessons, assignments, test(s), etc. is made in advance
  - (4) Student may not miss an Association sponsored tournament series or school contest for which he/she is eligible. (It is the philosophy of this Association that students owe loyalty to their school and team.)
  - (5) Student and parent agrees to not accept, directly or indirectly, any awards, gifts, trips, merchandise, etc. which would violate ISHAA Rule 5 (Amateurism) or Rule 6 (Awards, Prizes, Gifts).
- d. Participation of students in an organized athletic competition with or against athletes not belonging to their school counts as one of contests for that season for that student. An organized "scrimmage" or practice with or against athletes not belonging to their school counts as one of the contests for that season for that student. The following situations are not considered a violation of the rule:
  - (1) When a school does not have a team, individual students may practice with another school's team under the supervision of the other school's coach provided a written agreement, signed by both principals, is on file in the IHSA office. Students may only compete in contests representing the school they are attending;
  - (2) Student-athletes may practice in the same facility with athletes from other schools so long as they are doing their own workout under the direct supervision and instruction of their own coach
  - (3) A student-athlete may work out on their own in the presence of other athletes so long as the other athletes have not yet reached the ninth grade.
- e. Students who participate in an interschool contest when ineligible, other than in scholarship, too many events or similar oversights, become ineligible only in that sport for a time period not to exceed 365 days to be determined by the Commissioner or his designee. When facts are purposely withheld or misrepresented, students become ineligible in all sports for the remainder of their semester and all of their next semester in school unless the school takes appropriate action as determined by the Commissioner.
- f. Students may not participate in try-outs or demonstrations of athletic ability as a prospective college student-athlete.
- g. An ineligible student may practice with the team, but only at home in regular practices. The ineligible student may not appear in an athletic uniform at an interschool contest.

## TEAM SPORTS

(Baseball, Basketball, Soccer, Softball, and Volleyball)

- a. Participation in organized non-school sports competition during the authorized contest season, including the IHSA tournament series, in that sport shall cause such students to become ineligible for their school team in that sport for a period not to exceed 365 days as determined by the Commissioner, unless an outstanding student-athlete waiver for said competition is approved by the coach and principal and is on file in the principal's office. A maximum of two waivers may be granted during a contest season.
- b. Student-athletes may receive private lessons so long as:
  - (1) they are not mandated, scheduled or paid for by the school;
  - (2) no school practices or competitions are missed; and
  - (3) no student from another school is participation in the lesson

- c. Participation of students in an organized athletic competition with or against athletes not belonging to their school constitutes a game. An organized “scrimmage” or practice with or against athletes not belonging to their school is considered a game.
- d. Students who participate in an interschool contest when ineligible other than in scholarship, too many other events or similar oversights, become ineligible only in that sport for a time period not to exceed 365 days to be determined by the Commissioner or his designee. When facts are purposely withheld or misrepresented, students become ineligible in all sports for the remainder of the semester and all of their next semester in school unless the school takes appropriate action as determined by the Commissioner.
- e. Coaches of grades 9-12 may not coach organized non-school sports competitions during the authorized contest in that sport in grades 9-12.
- f. Students may not participate in try-outs or demonstrations of athletic ability as a prospective college student-athlete.
- g. An ineligible student may practice with the team, but only at home in regular practice. The ineligible student may not appear in an athletic uniform at an interschool contest.

## **CAMPS**

- a. Students may attend during non-school time provided the following standards are met.
  - 1. Attendance is limited to non-school time unless camp is a verified Olympic development camp.
  - 2. Fees, if charged, must be provided solely by the student, parent, or guardian except for underprivileged students. No school or athletic funds shall be used for such events.
  - 3. No school-owned uniforms (jerseys, shirts, shorts, pants, singlet's or swimsuits, etc.) shall be worn by the student.
  - 4. No more than three students in basketball and volleyball, five students in baseball and softball, or six students in soccer who have participated in a contest the previous year as a member of one of their school teams in that sport may participate on the same team in that sport may participate on the same team or in the same work station or drill at the same time. All workstations or drills held independent of each other and may not be integrated to simulate a game.

## **CLINICS**

- a. Students may not attend student clinics.
- b. Students may participate for demonstration purposes in clinics held only within the State of Indiana when their coach is a presenter. Such is considered a practice.
- c. Students may attend all clinics other than student-clinics as an observer.

## **DURING SCHOOL YEAR (OUT OF SEASON)**

### **INDIVIDUAL SPORTS**

(Cross Country, Golf, Tennis, Track)

- a. Students may participate in non-school contests as individuals or as members of a non-school team in non-school contests.
- b. Coaches, from a member school coaching staff, may coach students in that sport if NOT under the organization, supervision, and operation of the member school.
- c. Member schools may not organize, supervise, or operate athletic practices or interschool athletic contests.
- d. Member schools may not provide school-owned uniforms (jerseys, shirts, shorts, pants, singlet's, or swimsuits, etc.) worn by the student in non-school contests.

## TEAM SPORTS

(Baseball, Basketball, Soccer, Softball, and Volleyball)

- a. Students may participate in team sport contests as members who have participated in a contest the previous season (as a member of one of their school teams in the sport they are rostered) or the same non-school team, at the same time. Below are the number of student-athletes from Hauser that may participate on such a team at the same time:

Baseball – 5	Softball – 5	Volleyball – 3
Basketball – 3	Soccer – 6	

The following standards also must be met:

- (1) Attendance is limited to non-school time. Fees, if charged, must be provided solely by the student, parent or guardian. No school or athletic funds shall be used for such when students of grades 9 – 12 are involved.
  - (2) Participation shall be open to all students.
  - (3) Merchandise and awards, other than those of symbolic value, may NOT be accepted for athletic proficiency. Student must remain an amateur.
- b. Students may not receive instruction from individuals who are members of their high school coaching staff.
- c. Coaches, from a member school coaching staff, may not instruct students who have participated in a contest as a member of their school's team. (Exception: Coaches may instruct their sons or daughters.)
- d. Member schools may not organize, supervise or operate athletic practices.
- e. Member schools may not provide school-owned uniforms (shorts, pants, singlets, or swimsuits, etc.) worn by the students in non-school contests.

## CAMPS

- a. Students may attend during non-school time provided the following standards are met.
- (1) Attendance is limited to non-school time unless camp is a verified Olympic development camp.
  - (2) Fees, if charged, must be provided solely by the student, parent or guardian except for underprivileged students. No school or athletic funds shall be used for such.
  - (3) No school-owned uniforms (jerseys, shirts, shorts, pants, singlet's, or swimsuits, etc.) shall be worn by the student.
  - (4) No more than three students in basketball and volleyball, five students in baseball and softball, or six students in soccer who have participated in a contest the previous year as a member of one of their school teams in that sport may participate on the same team or in the same work station or drill at the same time. All work stations or drills must be held independent of each other and may not be integrated to simulate a game.
  - (5) Member schools may not organize, supervise or operate school- sponsored camps; however, schools may rent or lease their facilities to non-school sponsors.
  - (6) Coaches from a member school coaching staff may not instruct students who have participated in a contest as a member of their school's team in the sport.
  - (7) Competition must be limited to intra-camp practices, contest and instruction.
  - (8) Merchandise and awards, other than those of symbolic value may NOT be accepted for athletic proficiency. Student must remain an amateur.
  - (9) Length of attendance is unlimited.

- (10) Seniors or graduates who plan to attend should check with appropriate college rules and regulations recruiting before participation.

### **CONDITIONING PROGRAMS**

Program designed for and limited to activities, which promote physical fitness and exclude game drills. Examples of permissible activities are weight lifting, running, and aerobic exercising. Specific equipment related to a particular sport (i.e. balls, goals, nets, etc.) shall not be used.

- a. Students may participate in a conditioning program at the member school;
- b. Member schools may operate a conditioning program.
- c. Member schools' coaches may supervise the program provided;
  - (1) the program is open to all students of that member school;
  - (2) attendance and participation are voluntary and not required by the member school coaches for membership on a team;
  - (3) specific equipment related to a particular sport (i.e. balls, goals, nets, etc.) shall not be used.

### **OPEN FACILITY PROGRAM**

This is a program in which the gymnasium, playing field or other school facilities are open to all students for participation. Specific equipment related to a particular sport (i.e. balls, goals, nets, etc.) may be used.

- a. Member schools may operate open facility programs in which the gymnasium, playing field or other school facilities are open to all students for participation.
- b. Member school coaches may supervise the program, communicate with students and offer correction provided that:
  - (1) they do not organize teams or assign individual teams;
  - (2) the program is open to all students of the member school;
  - (3) attendance and participation is voluntary and not required by the member school coach for membership on a team.
  - (4) the coaching staff may offer instruction to and work directly with a maximum of two athletes at one time.

### **DURING SUMMER**

Whether summer athletic activities are sponsored by a member school or non-school organization, students may participate so long as:

- a. Participation is voluntary;
- b. Merchandise and awards, other than those of symbolic value, may NOT be accepted for athletic proficiency. Students must remain an amateur.

### **CAMPS AND CLINICS**

Students may participate in non-school sponsored camps provided the following standards are met.

- a. Attendance is limited to non-school time.
- b. The student, parent or guardian except for underprivileged students, if charged, must provide fees. No school or athletic funds shall be used for such.
- c. No school-owned uniforms (jerseys, shirts, shorts, pants, singlets, or swim suits, etc.) shall be worn by the student.

- d. Merchandise and awards, other than those of symbolic value, may not be accepted for athletic proficiency. Student must remain an amateur.
- e. Length of attendance is unlimited.
- f. Seniors or graduates who plan to attend should check with appropriate college rules and regulations regarding recruiting before participating.
- g. For all school sponsored camps and clinics and non-school sponsored camps and clinics for fall sports, attendance must be terminated prior to Monday, Week 4. For non-school sponsored camps and clinics in other sports, attendance must be terminated prior to Monday, Week 5. (See IHSAA calendar for week numbers.)

### **Moratorium**

Each member school shall declare one IHSAA calendar week, from Week 49 *or the close of the school year, whichever comes first*, through Week 4, when there will be no athletic activities, including conditioning, conducted. **During this seven day period, there shall be no contact between athletes and coaches.**

## **HAUSER HIGH SCHOOL ATHLETIC GUIDELINES:**

### **ACADEMICS:**

Your first responsibility as a student athlete is to be a great student. It is required that you pass 5 classes to be eligible to participate in Athletics at Hauser High School. Alternative Physical Education does not count as credit toward these 5 credits. Coaches will check grades and eligibility will be monitored through the Athletic Office. If you find yourself in need of help, please let your coach know, and set up time to meet with your teachers to get additional help.

**IT IS YOUR RESPONSIBILITY TO MAKE SURE YOU ARE ENROLLED IN ENOUGH CREDITS (5) TO MAINTAIN ELIGIBILITY.** Seniors- be aware of early release, 2 periods of band, C4, Work-based learning (internships), and any other non-traditional class setting. **TALK TO YOUR COUNSELOR at the beginning of the year.**

**Academic Standards:** An athlete must be passing in five classes at the end of each grading period and must pass 5 full credit classes each semester in order to remain eligible for any sport.

### **ACTIVITY CONFLICTS**

Where sports or other school activity conflicts occur, the following policy will apply:

1. The “performance,” i.e., the athletic game or meet, concert or contest in music has priority over practice or extra rehearsal. In the event a practice, extra rehearsal, or even final dress rehearsal is scheduled at the same time an athletic game or meet occurs in which the student is participating, the game or meet has priority and the music member is excused without penalty. Conversely, in the event the music “performance” conflicts with an athletic practice, the “performance” takes priority and non-participation will not result in a penalty.
2. In the event the practice occurs at the same time in both music and sports, the practice time shall be divided equally between the two activities. The two parties involved can work out a mutual agreement to trade off every other day in having the athlete involved.

3. In the event a music performance conflicts with a game, both scheduled at the same time the student is permitted a choice without penalty. If this causes a problem, the high school principal will act as arbitrator.

### **APPEALS/HEARING:**

**All parameters (i.e. roster decisions, selection of teams, positions) within the role of the coach are not granted an appeals meeting.**

A student athlete and his/her parent(s) or guardian(s) have the right to a hearing on the removal from participation pertaining to violations of the handbook.

Parents may appeal handbook violation removals by notifying the Hauser High School Athletic Director by phone or in writing within five (5) school days after the removal. The right of appeal is forfeited if this is not requested within this five (5) school day limit. The purpose of the appeal hearing is to inquire into the student athlete's alleged violation and allow the student athlete and parents or guardians to present evidence on behalf of the student athlete. The removal from participation will remain in effect during the appeal process.

### **ATTENDANCE**

1. Absence from school
  - A. An athlete should strive to be at school every day.
  - B. In order to practice or compete on any particular calendar day, an athlete must attend at least the last four full class periods (5-8) in the eight class format. Exceptions will be made for students granted prearranged absences by the principal or his designee.
  - C. If a student-athlete accumulates five (5) unexcused absences during any given season, he or she will be removed from that team for the remainder of the season.
2. Tardies to School
  - A. Student-athletes are expected to be at school on time. After five (5) tardies to school (first period,) a student-athlete will be suspended from one contest. Each tardy after the first five will result in an additional contest suspension.
3. In school suspension
  - A. Any student assigned all day "in school" suspension due to misconduct is ineligible to practice or compete that day.
- 4.. Out of school suspension
  - A. No student will participate in practice or competition on the day that he/she has been suspended from school for that day or any part of that day. Student-athletes can return to practice and play upon completion of the suspension.

**\*Any student who knowingly violates these rules will be suspended from two athletic contests to run consecutively.\***

### **ATHLETE DEFINED**

A student is considered an athlete for one year (365 days) from the time he/she becomes a member of a Hauser High School athletic team. Each time an athlete becomes a member of an HHS team, they are declaring their intentions of being an athlete for another full year. When a student is considered to be an athlete, he/she will be held accountable for rules, guidelines, and policies of this handbook. Consequences for violating club/academic team rules do not take the place of athletic consequences for teams sanctioned by the IHSAA.

## **CHANGING SPORTS**

If an athlete is cut from a team, he or she may join another team or program in that sport season at both coaches' discretion. An athlete cannot quit one sport to join another, until that team is no longer competing. Example; an athlete cannot quit volleyball to try out for basketball until volleyball season is completed. If an athlete is removed from a team for any reason (i.e. quitting, rule violation, grades, etc,) that athlete will not be allowed to participate in the next sport until the former sport season has ended entirely.

## **CODE OF CONDUCT**

**A student who is a member of a Hauser High School athletic team in any capacity (athlete, cheerleader, athletic training student assistant, student manager, or statistician) must be willing to assume the responsibilities that go along with being a member of a team. The student body, the community and others often judge our school by our student athletes' conduct and attitude on and off the field, in season and out of season. Student athletes and athletic support personnel are role models and therefore, are expected to be positive examples in school citizenship, scholastic effort, leadership, and in personal appearance.**

Participation in athletics is a privilege requiring that a student makes a commitment to practice before or after school with perfect or near perfect attendance, to work hard to excel, to learn cooperation and team effort, and to exemplify good behavior both at school and away from school.

Student athletes and support personnel are representatives of Hauser High School and should serve as role models at school and in the community. Therefore, student athletes and support personnel are expected to adhere to the Code of Conduct the entire calendar year. Students who cannot accept this challenge and responsibility should not become involved with the Hauser High School athletic program. There is a legitimate school interest and an expectation by the coaching staff at Hauser High School that students follow the Athletic Training/Competition Rules at all times including the time when they are away from school and not involved in school activities. There is also an expectation that student athletes avoid situations or leave events where activities are occurring that violate this Code of Conduct, specifically parties or clubs. Self discipline learned from the athletic experience should teach each student athlete to make prudent decisions about their associations and behaviors.

### **1. Scope of Substance Abuse Policy**

The Substance Abuse Policy shall apply to all Hauser High School students enrolled in grades 9-12. The provisions and penalties of this policy shall be imposed without regard to whether the violation was related to a school event and regardless of the day of the week on which the violation occurred. All provisions and penalties of the substance abuse policy shall be cumulative in nature and should apply throughout the students' enrollment in Hauser High School whether continuous or not.

### **2. Substance Enhancement Policy**

Possession, use or distribution of substances or supplements used or intended for use for abnormal enhancement of athletic performance and/or may atypically alter a body's physiological function are not permitted. This may include, but are not limited to narcotics, stimulants, anabolic agents, diuretics, hormones, masking agents, and other such items. Penalty will be the same as for possessing tobacco products.

## **PROCEDURES FOR INFRACTIONS OF POLICY:**

### **TOBACCO POLICY**

A student athlete shall not use or possess tobacco in any form (including but not be limited to snuff, chewing tobacco, or smoking tobacco on or off the grounds of Hauser High School).

#### **A. Violation of tobacco policy:**

**1<sup>st</sup> offense:** Immediate suspension from 25% of the contests the athlete participates in. This can carry over to the next season.

**2<sup>nd</sup> offense:** Immediate suspension from 50% of the remaining contests. If not on an active team, the athlete will be suspended from 50% of the next completed season.

**3<sup>rd</sup> offense:** Immediate suspension from all sports for a period of 365 days from the day the ruling is made.

### **DRUG & ALCOHOL POLICY:**

#### **Use of Drugs**

A student athlete shall not knowingly possess, use, transmit, sell or be under the influence of any narcotic drug, hallucinogenic drug, amphetamine, barbiturate, marijuana, caffeine based pill, substance containing phenylpropanolamine (PPS), stimulant, depressant, inhalant, solvent, ephedrine or intoxicant of any kind, whether prescription or sold over the counter. Proper use of a drug authorized by a medical prescription from a health care provider is not a violation of this rule. Possession of drug paraphernalia such as but not limited to rolling papers or clips is also a violation of this rule as outlined by the Flatrock-Hawcreek School Corporation. A student athlete who finds himself/herself at a place where any of the above substances are being used is to leave the area to avoid being associated with that behavior.

**Please be aware of the Flatrock-Hawcreek School Corporation student drug testing policy. There may be other penalties applied by the school in addition to those applied by the Athletic Department for violating this policy. In addition to the Code of Conduct established by Flatrock-Hawcreek School Corporation, each coach also has a set of guidelines that must be followed, and that will be supported by the HHS Athletic Department.**

#### **Use of Alcohol**

A student athlete should not possess, use, transmit, sell or be under the influence of any alcoholic beverage. A student athlete who finds himself/herself at places where underage drinking is taking place is expected to leave the area to avoid being associated with that behavior.

#### **B. Violation of Drug & Alcohol Policy:**

The use of drugs or alcohol will be considered equal offenses. These guidelines are for issues not related to random drug testing.

**1<sup>st</sup> offense:** Immediate suspension from the first 50% of contests of the season or the next sport season the athlete participates in and completes.

**2<sup>nd</sup> offense:** Immediate suspension from all athletic practice and competition for 365 days from the day the ruling is made.

**3<sup>rd</sup> offense:** Immediate suspension from all athletic sports participation for remainder of the athletes' high school athletic career.

### **C. CRIMINAL ACTIVITY OR ARRESTS**

**Criminal Activity of any kind or arrests will be referred to the disciplinary review board and will be addressed on a case by case basis. This board will consist of the Principal, Athletic Director, and Head coach.**

### **D: SELF REPORTING**

If an athlete admits to a violation voluntarily (within 2 school days) to the principal or athletic director, the penalty shall be reduced in the following manner for the first offense only.

**Tobacco**- suspended immediately for 2 contests if on an active team. If not on an active team, suspended from the first two contests of the next season the athlete competes in.

**Drug and Alcohol**- If on an active team, the penalty shall be immediate suspension from 25% of the competition season. If not on an active team, the penalty shall be suspension for the first 25% of the next season completed.

**Voluntary Reporting**- The penalty will be reduced to based on the parameters above if the athlete personally takes the initiative to report the infraction to the HHS Athletic Director or principal. This means that the student athlete reports the infraction without school personnel having to approach the student athlete to inquire about the situation.

### **Terms of a Suspension:**

A. A student athlete who has been suspended from a team, for any length of time, is expected to continue his/her association with the team in terms of attending practice and following team rules. The student athlete will attend the contests but is not allowed to participate in the contest and will not wear the jersey or uniform of the team on the sideline during the period of the suspension.

B. A student athlete who has been excluded from participation for a full calendar year will not associate with that team or other Hauser athletic teams, unless an arrangement has been made through the Hauser Administration.

C. A student athlete who transfers into Hauser High School while serving suspensions at his/her previous school will serve out the remainder of his/her penalty at Hauser. The previous school's penalty will be honored in full and will not be increased or decreased in length.

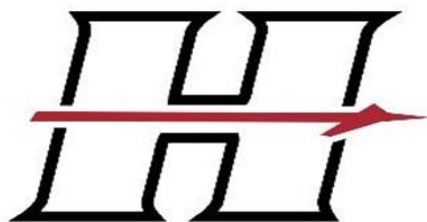
D. A suspension that is a percentage of the season will be rounded up when figuring the number of games missed. (For example: 31 volleyball matches- suspension from 50% of the season- equals 16 matches.)

### **Carry-over suspension**

If the violation of the code of conduct occurs in the last part of a sport's season and the violator cannot fulfill the terms of his/her violation in that sport, the suspension will carry-over until the suspension is fulfilled. This includes the next sport or the same sport next year. (i.e. If the suspension is for 25% of the volleyball season [8 matches] and the student athlete misses only one game before the season has ended, then he will serve the remaining 16% [two-thirds of 25%] of the suspension in his next athletic season). If that next season is basketball, then he must miss 16% of the basketball season (16% of 22 games is 4 games). If a one-sport student athlete elects to participate in a new sport in order to serve a suspension, he/she will be required to complete that season in good standing.

### **Completing a suspension**

When serving a suspension, the student athlete is expected to be present at all athletic contests and practices involving his/her team or squad. The student athlete is a member of the team and is expected to fulfill this responsibility. The head coach's discretion can excuse the student athlete.



<b>Typical Season Length approximate #'s</b>	<b>25% of the season</b>	<b>50% of the season</b>
Soccer 18 matches	5 matches	9 matches
Cross Country 14 meets	4 meets	7 meets
Tennis 22 matches	6 matches	11 matches
Volleyball 31 matches	8 matches	16 matches
Basketball 22 games	6 games	11 games
Baseball 28 games	7 games	14 games
Softball 28 games	7 games	14 games
Track 16 meets	4 meets	8 meets
Golf 18 matches	5 matches	9 matches

## **COACH/PARENT ADMINISTRATION COMMUNICATION POLICY**

Interscholastic athletics provide young men and women the opportunity to learn many life lessons. By participating in athletics, young men and women learn lessons in sportsmanship, teamwork, competition, mental and physical exercise, and handling success and failure. Athletics also increase an individual's pride in representing the school and community. Athletics prepare our student athletes for future success.

Both parenting and coaching are extremely rewarding, but sometimes difficult roles. By establishing an understanding of each other's positions, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your children are involved in our program, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's team.

### **Communication parents should expect from coach:**

Coach's philosophy

Expectations each coach has for your child, as well as the entire team

A schedule of practices and contests

Team requirements, fees, equipment, conditioning, etc.

Procedures followed when your child is injured at practice or contest

Discipline that results in the denial of your child's participation

### **Communication coaches expect from parents:**

All concerns expressed directly to head coach of team

Notification of any schedule conflicts well in advance on practice or contest

Specific concerns in regard to expectations of child

### **Appropriate Concerns to discuss with coach:**

Ways to help your child improve

Concerns about your child's attitude or behavior

The treatment of your child, mentally and physically

Coaches are professionals and make decisions based on what they believe is best for the team and all players involved. As you see in the above list, certain things can be and should not be discussed with your child's coach.

### **Issues not to Discuss with the Coach:**

Playing time

Strategy

Roster Decisions

Play calling

Other team members

### **24 Hour rule of Communication:**

If you have a concern:

- Please do not attempt to confront coach before or after a contest or practice. Wait 24 hours to contact coach.

- Call to set up appointment
- If the coach cannot be reached, call the athletic office.

If a problem arises, see your Head Coach. In most cases, the coach can clear up any problem you or your student athlete may have.

## CHAIN OF COMMAND:

### What can a parent do if the meeting with the coach did not provide a resolution?

In the event that this discussion cannot come to a legitimate solution, please call the Athletic Director 812-546-4421 Ext. 4013.. After this discussion, if you still are unable to come to a solution, please contact the principal. Almost all issues can be solved by a member of this team.

**We as administrators will only discuss items with you if you have followed the proper channels of the chain of command.**

## DRESS CODE FOR ATHLETIC EVENTS

Athletes should represent Hauser High School in a respectable manner. When a Hauser High School athlete attends a home event or travels to another school as a competitor, he/she should dress in a manner above criticism. Coaches may require certain types of attire.

## ELIGIBILITY—IHSAA RULE C-18.1

All student-athletes *must be passing six (6) full credit subjects not including Alternative Physical Education and or the **equivalent** during the previous grading period* before participation. Each student-athlete must have a *current physical examination form and the Seymour High School Consent/Release certificate on file between May 1 and the first practice each year.* Other IHSAA requirements are outlined in this booklet.

## GAME CONDUCT

1. Athletes are expected to represent Hauser High School and the community in a positive manner in school, out of school, and on the athletic field. Profanity or inappropriate gestures will not be tolerated and may result in suspension.

2. Ejection from an athletic contest:

Anytime an athlete is ejected from a game, meet, etc., the athletic director will be notified as soon as possible. The athlete, after evaluation of the situation by the head coach, athletic director and the high school principal, will be suspended from participation under the following guidelines:

### A. First Violation

According to IHSAA By-Law C-8-3: Any contestant or coach ejected from a contest for an unsportsmanlike act shall be suspended from the next interschool contest at that level of competition and all other interschool contests at any level in the interim, in addition to any other penalties assessed.

1. Any athlete ejected from a contest for unsportsmanlike conduct may not:
  - participate in any contest at any level of play until suspension has been served,
  - appear in any uniform at any contest during the suspension

- attend any away contests until suspension has been served
- 2. A suspended athlete may practice during the suspension period at the athletic director's discretion.
- 3. A suspended athlete may attend a home contest in street clothes and sit on the bench at the athletic director's discretion.

#### B. Second Violation

Any athlete ejected from an IHSAA sanctioned contest for a second time in a sport season (fall, winter, spring) will be removed from that team for the duration of the season. Furthermore, the athlete will not be entitled to a letter, certificate or award for that sport season.

#### 3. IHSAA Student Appeal Process

- An athlete has the right to appeal removal from a team. (See appeals procedure page 11-12.)
- The imposed penalty will remain in effect during the appeal process.
- The appeal must be within five school days following notification of the penalty. It must be in writing stating the basis of the appeal. School officials will review and decide on the appeal within five school days.
- The building appeals committee shall consist of the principal or designee, assistant principal, athletic director, representative of Athletic Department, and the head varsity coach of the sport represented.

Further appeal may be made in writing to the Principal of Hauser High School.

### **EQUIPMENT**

Any equipment given to the student for his use must be taken care of and returned in the satisfactory condition. If the equipment is lost, stolen, damaged or abused, the student will be charged the price of replacing the equipment.

### **HAZING AND HARASSMENT**

Flatrock-Hawcreek School Corporation policies do not allow for any form of harassment, hazing, intimidation or bullying. Hazing activities of any type are inconsistent with the educational process. All such activities are prohibited at any time in school facilities, on school property, and at any school corporation sponsored event. Hazing is defined as performing any act, or coercing another person to perform any act of initiation into any class, group or organization that causes or creates a risk (mental, emotional, or physical harm.) Permission, consent or assumption of risk by an individual subjected to hazing shall not exempt the policy. No form of harassment or hazing (such as unwelcome words, physical contact, written notes, or electronic technical activities which inflict physical or mental harm or anxiety of which demeans or degrades or disgraces a person, regardless of location, or intent of participants) will be allowed in Hauser Athletic Programs. Any student that feels he/she is a victim or witness or hears about a hazing or harassment incident should immediately report the activity to a coach, athletic director, or principal. The report should be made to the administrator the athlete feels can appropriately address the problem.

### **INCLEMENT WEATHER POLICY:**

Scheduled games: Anytime school is cancelled due to inclement weather, games scheduled during these days will be rescheduled if possible. The only exception to this rule is the IHSAA sponsored tournament. Please do not call school. Please do check our school website, Twitter, and local media.

When school is cancelled, all athletic practices will be at the discretion of the athletic director and coach, and are not mandatory. The safety of the student is our first priority.

## INDIVIDUAL TEAM RULES

Each head coach may establish training and behavior rules for the athletes under their supervision during the IHSAA season. These rules will typically cover being on time for practices, dress for contests, decorum at contests and on buses, language, sportsmanship, and curfew on nights before and after contests. Specific rules established by the head coach in a sport will be put in writing and a copy will be made available to the athlete and his/her parents. The rules set forth by each coach, will be followed in addition to this handbook.

## INJURIES

The athletic department will assume no responsibility of payment for medical treatment for an injury incurred during practices or contests. Each parent will read and sign a Risk of Injury Form as part of applying for a student athlete's Jet card each year. A state licensed athletic trainer is employed for the purpose of treating injuries that are not severe enough to be referred to a doctor. All injuries are to be reported to the coach and to the athletic trainer. The training rooms are for treatments and rehabilitation; therefore, only athletes needing these services are permitted in those areas. Student athletic trainers assist the licensed athletic trainers.

## INSURANCE/ STUDENT ACCIDENT INSURANCE

Hauser High School administrators, coaches and athletic trainers are safety conscious and are trained to instruct athletes in the safe and proper techniques of their particular sports; however, due to the nature of athletic activity, injuries do occur. The school provides the opportunity for participation while the parent retains the right of denial for such participation. ***The School Board Policy handbook states that all athletes must be covered by insurance in an amount equal to that available to individual students on a voluntary basis. It is the responsibility of the parent to purchase the student insurance (athletic coverage) or have on file a statement that the athlete is covered by insurance provided by the family. It should be noted that neither the IHSAA nor Hauser High School would carry any kind of first dollar medical insurance for athletic injuries.***

## MULTI-SPORT PARTICIPATION

The Hauser High School Athletic Department supports the concept of participation in more than one high school sport. High school coaches should not establish expectations "out of season" which would prohibit or restrict a student's participation in another sport which is "in season." A student who wished to participate in more than one sport in the same season (fall, winter, spring,) must have prior approval of the coaches involved and the athletic director. A schedule resolving all practice and competition conflicts must be established prior to the season. The student athlete will be asked to designate a "primary" sport if necessary.

## NCAA (National Collegiate Athletic Association)

In order for any high school athlete to further participate in athletics at the collegiate level and receive athletically-based financial aid you must register with the NCAA Initial-Eligibility Clearinghouse and

meet eligibility standards. If you wish to register with the NCAA Clearinghouse, you must have a valid VISA or MasterCard.

**Directions:** Go to [www.ncaa.org](http://www.ncaa.org), click on rules & eligibility to get information on eligibility requirements for Division I or Division II schools. Click on initial eligibility clearinghouse to register online.

### Final Forms:

Each student athlete will be required to complete the online compliance registration using the Flatrock Hawcreek Final Forms platform. (<https://flatrockhawcreek-in.finalforms.com>)

- The IHSAA Physical Form must be completed by a physician, and signed in all areas. See Physical Exams below. It must be signed in ink, NOT STAMPED.
- The Risk of Injury Statement says that injuries, (sometimes serious), can occur in sport. By signing this form you are acknowledging this risk of injury, and you are also acknowledging that Hauser High School does not provide health insurance, and that you have read that disclaimer in our student-athlete handbook.
- Random Drug Testing Consent Form- please see our policy on pages 40-46 of our HHS Student handbook.
- Emergency Medical form must be completed with accurate information in the event of an injury there is no parent/guardian present. Each Coach carries these forms to away games.
- Student and Parent Permission, Consent and Release Certificate- This form serves as a release of liability as it pertains to risk of injury, gives the school permission to have access to student records, to provide emergency care, to publicize achievements, and to reserve the right to investigate and obtain records from law enforcement as it pertains to our student athlete who is involved in Extra Curricular Activities.
- Concussion Acknowledgement Form/Sudden Cardiac Arrest
- Emergency Contact Form

The student and parent must understand that it is a privilege to participate in the interscholastic athletic program sponsored by the Hauser High School and the Indiana High School Athletic Association. This form is part of our compliance paperwork, and a student cannot participate without a completed Final Forms registration.

### PHYSICAL EXAMINATIONS

Any student who tries out for and/or participates in interscholastic athletics must have on file proof of a physical examination performed by licensed medical doctor (M.D.) prior to the first practice of any sport. The physical must be signed by the doctor and may not be stamped. The physical form may be obtained from the coaching staff or the athletic office. The doctor's signature must be **dated after April 1 preceding the current school year**. Physical examinations and submitting the completed forms to the coaching staff are the responsibility of the athlete and his or her parents. New examinations and forms must be obtained each year. Physical examinations are offered at the high school each May. Check with the athletic department each year for the date and time of the examinations. **812-546-4421 Ext. 4013**. Visit [www.ihsaa.org](http://www.ihsaa.org) or hauserathletics.com for a physical form.

## **STANDARDS OF GOOD SPORTSMANSHIP**

Good sportsmanship will always be the focal point of the Hauser High School Athletic Department. It will be reflected in how we treat our teammates, coaches, officials and opponents.

- Student athletes at Hauser High School will place positive and supportive relationships with their teammates and coaches as their highest priority. Regardless of the sport, individual or team, we are only as strong as how we treat each other.
- After all contests, Hauser High School athletes are expected to shake hands with the athletes and coaches for the team(s) that we have competed against.
- After all contests, regardless of whether we agree or disagree with the calls, Hauser High School athletes will thank the officials for their work in officiating the contest.
- After any contest where ribbons, medals or trophies are presented to the opposing team(s), Hauser High School athletes will stay, watch and applaud the efforts of the athletes and team(s) involved in that contest. At no time will Hauser High School athletes leave the field or floor while a presentation is being made.
- Hauser High School athletes will not use inappropriate language while taking part in any contest.
- Though all sports have some level of physical contact, and recognizing that physically aggressive contact is a major and important part of athletics, it is unacceptable for a Hauser High School athlete to engage in physical play that would result in unsportsmanlike conduct that would jeopardize the safety of the opposing athlete or the integrity of the Hauser High School team.

## **STATISTICIANS/MANAGERS**

If a student is a manager for a varsity athletic team, the varsity coach will determine the requirements for earning a varsity letter.

## **STUDENT HANDBOOK:**

Student Athletes will uphold all guidelines set forth in the Hauser High School Handbook in participation and spirit of the rule.

## **STUDENT TRANSFER**

High school students (grades 9 through 12) who have transferred to Hauser Jr./Sr. High School in the last year must complete an IHSA transfer form. Athletic Transfer forms are available in the athletic office. This form must be signed by parents and is required before a student-athlete can compete.

## **SUPERVISION OF STUDENT ATHLETES:**

No athlete is permitted in the weight room or allowed to use any facility without a coach supervising. This includes in and out of season activities.

## TICKET INFORMATION:

See ticket handout and/or HHS website for prices and information.

## TRANSPORTATION POLICIES:

When a bus or school mini-bus is provided for an athletic contest, all athletes will ride the school vehicle to and from the athletic event. **The only exception to the rule is in the case of an emergency or special circumstance as determined by the coach, Athletic Director, or Principal.** Appropriate behavior and citizenship is expected of all students who ride buses.

## SOCIAL MEDIA:

Student-athletes are encouraged to use social-media in a safe, responsible, and respectful manner. Keep in mind that typed, tweeted, and posted messages and photos can be viewed by unintended audiences, printed, reproduced, and/or altered. Each athlete is solely responsible for his or her “digital footprint.” Athletes may face disciplinary action for inappropriate “posts” and/or “posts” that show or hint at criminal activity.

## AWARDS:

Varsity Letter Requirements:

- The Varsity award shall be presented to an athlete who satisfies the participation requirements as listed below, or completes all team obligations and receives the recommendation from the head coach. ***The head coach may recommend a waiver of these recommendations under unusual circumstances, i.e. an injury, etc.)***
- A season is defined as that period of time from the first practice to the conclusion of the awards program.
- Junior varsity and freshman awards are given on the recommendation of the head coach to all the athletes that complete the season.
- Manager/statistician awards will parallel the regular awards system if they complete the entire season.

Letter criteria that pertains to all sports:

- An athlete who moves from one level of competition to another will receive awards at the higher level of competition only if the athlete meets all criteria at that specific level.
- A coach will have the prerogative, in special circumstances, to award a varsity letter to an athlete who has not met the seasonal requirements (i.e. an injury.)
  - Specific sport requirements
    - Baseball
      - Participate in 50% of games played
    - Basketball
      - Participate in 50% of quarters played

- Cheerleading
  - Meet ninety percent of contest and practice requirements
- Cross Country
  - Place seventh or better for the team in one-half of the dual meets or top 10 in the conference meet or top 15 in regional or state
- Golf
  - Participate on the Varsity team in at least fifty percent of the matches
- Soccer
  - Be on the post-season roster.
  - Must participate in 1/2 of regular season varsity games and/or majority (>50%) of post-season games.
- Softball
  - Play in one-fourth of all innings played
  - Pinch hit or pinch run in three-fourths of games played
  - Pitch in three starts or four game appearances in relief
- Tennis
  - Participate in 50% of varsity matches, or
  - Earn all Conference honors
- Track
  - Average 1.5 points per meet and are among the certified entrants in the Conference and/or Sectional meets
  - Placing in the Conference meet
  - Relay points are to be doubled during regular season meets, dual and triangular.
- Volleyball
  - Participation in fifty percent of the games played

#### Blanket Award:

- Given for eight (8) varsity letters, excluding managers and statistician letters.
- Defending letter: Varsity letters earned prior to the Senior season must be defended in the same sport during the Senior Year in order to be counted toward the Blanket Award.

#### Jacket Award:

- Only athletes who have earned one (1) varsity letter are entitled to buy a letter jacket.

#### Chevrons:

- Given in recognition of the first varsity letter in any sport in conjunction with the “H” Award.
- Given each subsequent season when the lettering criteria are met.

#### Certificate of Merit:

- Given to all athletes, managers, trainers, and statisticians that complete the season and do not receive the Varsity Letter.
- Completed and signed by the head coach and presented at the post-season Awards Banquet.

#### Freshman Numerals:

- Given to all freshman members who successfully complete the season.
- Presented by the coach at the post-season Awards Banquet.

#### Championship Award:

- All members of a varsity team that wins a conference, sectional, regional, semi-state, or state championship will receive a chenille emblem of that sport which will indicate the championship.
- Championship banners for the above will hang in the school with the exception of conference championships.

### **TROPHY AWARDS:**

#### 1. Baseball

- Finke Award
  - To a senior member of the varsity team based on sportsmanship, competitive spirit, team leadership, and attitude. This award shall be elected by non-senior member of the sectional team, Head Coach, Athletic Director, and Principal.
- Most Valuable Award
  - To the varsity team’s most valuable player as determined by election of his teammates and the coaching staff.
- Batting Average Award

- To the varsity team's batting average leader determined on a percentage basis. To be eligible, a player must appear at the plate the equivalent of 2.5 times per game of the total team games.
- Outstanding Pitcher Award
  - To the most outstanding varsity pitcher based on overall performance throughout the season. This award is voted on by the coaching staff.
- Most Improved Award
  - To the varsity team's most improved player as determined by the evaluation of past performances and improvement shown during the season. This award is selected by the coaching staff.
- Reserve Batting Average Award
  - To the team's batting average leader determined on a percentage basis. The eligibility requirements are the same as for the varsity batting average award.

## 2. Basketball

- Thompson Award (Boys; Varsity only)
  - Senior award based on sportsmanship, competitive spirit, team leadership, and attitude. This award is elected by the non-senior members of the Sectional team, Head Coach, Athletic Director, and Principal.
- Bob Carroll Mental Attitude Award (Boys; Varsity only)
  - Senior award sponsored by the Star-Journal based on sportsmanship, competitive spirit, team leadership, and attitude. This award is elected by the non-senior member of the Sectional team, Head Coach, Athletic Director, and Principal.
- Most Valuable Player (Boys and Girls; all levels 7th - Varsity)
  - To the varsity team's most valuable player as determined by election of teammates and the coaching staff.
- Field Goal Award (Boys and Girls; Freshman, JV, and Varsity levels only)
  - To the varsity team's leading field goal shooter as determined on a percentage basis. A player must average four attempts per game in order to be eligible.
- Free Throw Award (Boys and Girls; All levels 7th - Varsity)
  - To the varsity team's leading free throw shooter as determined on a percentage basis. A player must average two free throws per scheduled game.
- Rebounding Award (Boys and Girls; Freshman, JV, and Varsity levels only)
  - To the varsity team's leading rebounder as based on participation over the entire season.
- Defensive Award (Boys and Girls; All levels 7th - Varsity)
  - To the varsity team's best defensive player as chosen by the coaching staff.
- Assist Award (Boys and Girls; Freshman, JV, and Varsity)
  - To the varsity team's individual who contributes the highest number of assists during the season.

- Most Improved Award (Boys and Girls; All levels 7th - Varsity)
  - To the varsity team's most improved player based on an evaluation of past performances and improvement during the season by the coaching staff.

### 3. Cheerleading

- Joyce Israel Award (Varsity only)
  - Senior award based on sportsmanship, competitive spirit, team leadership, and attitude. This award is elected by the non-senior members of the team, Head Coach, Athletic Director, and the Principal.
- Best All Around Award All levels 7th grade - Varsity)
  - Given to the Varsity team's best all-around cheerleader as determined by election of his/her teammates and the Varsity coaching staff.
- Mental Attitude Award (All levels 7th grade - Varsity)
  - To a member of the team who exhibits the best mental attitude in games and practices throughout the season. Qualities such as hustle, desire, team spirit, good sportsmanship, and competitiveness will be recognized. This award will be selected by the coaching staff.

### 4. Cross Country

- Leading Runner (Boys and Girls; All levels 7th grade - Varsity)
  - to the team's leading runner as based on finish records for all meets including the Conference and Sectional meets.
- Most Improved Award (Boys and Girls; All levels 7th grade - Varsity)
  - To the team's most improved runner as determined by evaluation of past performances and improvement shown during the season. This award is selected by the coaching staff.
- Mental Attitude Award (Boys and Girls; All levels 7th grade - Varsity)
  - To a member of the team who exhibits the best mental attitude in games and practices throughout the season. Qualities such as hustle, desire, team spirit, good sportsmanship, and competitiveness will be recognized. This award will be selected by the coaching staff.

### 5. Golf

- Most Valuable Award (All levels Jr. High - Varsity)
  - To the most valuable player as chosen by election of teammates and the Head Coach.
- Most Improved Award (All levels Jr. High - Varsity)
  - To the most improved player based on an evaluation of past performances and improvement shown during the season as chosen by the Head Coach.

### 6. Soccer

- Most Valuable Award (Boys and Girls; JV and Varsity)

- To the team's most valuable player as chosen by election of teammates and the Varsity Coach.
- Most Improved Award (Boys and Girls; JV and Varsity)
  - To the varsity team's most improved player as determined by the evaluation of past performances and improvement shown during the season. This award is selected by the coaching staff.
- Mental Attitude Award (Boys and Girls; JV and Varsity)
  - To a member of the team who exhibits the best mental attitude in games and practices throughout the season. Qualities such as hustle, desire, team spirit, good sportsmanship, and competitiveness will be recognized. This award will be selected by the coaching staff.
- Defensive Award (Boys and Girls; JV and Varsity)
  - To the team's best defensive player as determined by the coaching staff.
- Assist Award (Boys and Girls; JV and Varsity)
  - To the team member with the highest number of assists over the course of the entire season.

## 7. Softball

- Most Valuable Award (JV and Varsity)
  - To the team's most valuable player as determined by the election of her teammates and the Coaching Staff.
- Most Improved Award (JV and Varsity)
  - To the team's most improved player based on an evaluation of past performances and improvement shown during the season and chosen by the Coaching Staff.
- Mental Attitude Award (JV and Varsity)
  - To a member of the team who exhibits the best mental attitude in games and practices throughout the season. Qualities such as hustle, desire, team spirit, good sportsmanship, and competitiveness will be recognized. This award will be selected by the coaching staff.

## 8. Tennis

- Most Valuable Award (Boys and Girls; JV and Varsity)
  - To the team's most valuable player as chosen by the election of his/her teammates and the Coaching Staff.
- Most Improved Award (Boys and Girls; JV and Varsity)
  - To the team's most improved player based on an evaluation of past performances and improvement shown during the season and chosen by the Coaching Staff.
- Best Record Award (Boys and Girls; JV and Varsity)
  - To the team's singles player with the best overall record for all matches played.
- Mental Attitude Award (Boys and Girls; JV and Varsity)

- To a member of the team who exhibits the best mental attitude in games and practices throughout the season. Qualities such as hustle, desire, team spirit, good sportsmanship, and competitiveness will be recognized. This award will be selected by the coaching staff.

## 9. Track

- Leading Points Award (Boys and Girls; Jr. High and High School)
  - To the team member that is the leading point scorer as based on total points in all meets, including Conference and Sectional.
- Leading Runner Award (Boys and Girls; High School only)
  - To the team's most valuable runner based on total number of points scored in all running events.
- Leading Field Events Award (Boys and Girls; High School only)
  - To the team's most valuable field events athlete, based on total number of points scored in all field events.
- Mental Attitude Award (Boys and Girls; Jr. High and High School)
  - To a member of the team who exhibits the best mental attitude in games and practices throughout the season. Qualities such as hustle, desire, team spirit, good sportsmanship, and competitiveness will be recognized. This award will be selected by the coaching staff.
- Most Improved Award (Boys and Girls; Jr. High and High School)
  - To the team's most improved player based on an evaluation of past performances and improvement shown during the season and chosen by the Coaching Staff.
- School Record Award
  - To any member of the team that breaks a school record, unless he or she is already the record holder in that event.

## 10. Volleyball

- Most Valuable Award (All levels 7th grade - Varsity)
  - To the team's most valuable player as chosen by the election of her teammates and the Coaching Staff.
- Most Improved Award (All levels 7th grade - Varsity)
  - To the team's most improved player based on an evaluation of past performances and improvement shown during the season and chosen by the Coaching Staff.
- Mental Attitude Award (All levels 7th grade - Varsity)
  - To a member of the team who exhibits the best mental attitude in games and practices throughout the season. Qualities such as hustle, desire, team spirit, good sportsmanship, and competitiveness will be recognized. This award will be selected by the coaching staff.
- Most Kills Award (Varsity Only)

- To the member of the team who, based on team statistics, records the highest number of kills during the season.
- Most Assists Award (Varsity Only)
  - To the member of the team who, based on team statistics, records the highest number of assists during the season.
- Highest Serve Percentage Award (Varsity Only)
  - To the member of the team who, based on team statistics, records the highest serving percentage during the season.
- Dig Leader Award (Varsity Only)
  - To the member of the team who, based on team statistics, records the highest number of digs during the season.
- Total Blocks Award (Varsity Only)
  - To the member of the team who, based on team statistics, records the highest number of blocks during the season.

### **ALL SPORTS/SPORTSMANSHIP AWARD (BOYS AND GIRLS)**

This award is to be awarded to the outstanding student athlete of each year's graduating class as based on the following:

- 50% athletic participation and achievement
- 40% positive leadership ability in overall school activities
- 10% academic excellence

The recipient will be chosen by a committee consisting of the Varsity Head Coaches, Athletic Director, and Principal.

### **AWARDS PRESENTATION**

Awards will be presented only to those persons present at the athletic banquets unless excused by the Head Coach, Athletic Director, or Principal.

Letter and Numeral Awards are to be presented at a school assembly or athletic banquet, or similar gathering, following the completion of that particular sports season.

Trophy Awards are to be presented at a school assembly or athletic banquet, or similar gathering, following the completion of that particular sports season.

All Sports/Sportsmanship and Blanket Awards are to be presented at Senior Honors Day.

All athletes must remain in good standing in relation to team and school rules until the conclusion of that season's athletic awards program in order to be eligible for recognition and awards.